

# D/s CONTRACT EXAMPLE

## I. PREAMBLE

This contract is not a performance.

This is a living covenant between two consenting partners in a D/s dynamic.

Its purpose is not to control the other's life, but to elevate both parties into clarity, truth, and ritualized devotion.

No gaslight.

No drama.

Just clarity.

This contract exists so that power becomes peace, and peace becomes practice.

This 30-day trial is not a performance. It is a sacred experiment in truth.

## II. DOMINANT ROLE CLARITY

The Dominant agrees to:

- \* Provide structure, protection, and guidance
- \* Uphold the architecture of the D/s dynamic
- \* Initiate connection when appropriate
- \* Maintain sovereignty over emotional and physical ritual space
- \* Observe the Submissive's "silence/disconnection" or negative shift in behavior and clearly initiate realignment
- \* Memorize and regularly recite the agreed-upon Devotional Statement
- \* Enforce consequences without cruelty
- \* Allow for grace period of emotional processing after communicating correction
- \* Offer forgiveness only after accountability is taken

The Dominant **will not**:

- \* Dismiss the dynamic due to any issues unless both parties deconstruct it together
- \* Meet unspoken/undocumented expectations

## III. SUBMISSIVE ROLE REQUIREMENTS

The Submissive agrees to:

- \* Actively engage in assigned rituals—emotionally and practically
- \* Verbally express needs instead of expecting them to be sensed
- \* Maintain reverence and respect—especially during disagreement
- \* Respond to correction with openness, not deflection
- \* Initiate repair when damage is done and communicated by the Dominant, without waiting for a prompt
- \* Memorize and regularly recite the agreed-upon Devotional Statement
- \* Refrain from wielding silence, assumptions, or unspoken expectations as emotional weapons

The Submissive **will not**:

- \* Dismiss the dynamic due to any issues unless both parties deconstruct it together
- \* Meet unspoken/undocumented expectations

#### **IV. DEVOTIONAL STATEMENTS**

##### **Submissive's Devotional Statement:**

*"I freely give all that I am to you.  
My pleasure, my pain, my body, my mind, and my heart—  
It is all yours.  
I surrender myself into your keeping.  
Because you, my Dominant, deserve all of me.  
I want only to belong to you.  
And I kneel now in true submission,  
so that I can stand with you in the fire and not burn."*

##### **Dominant's Devotional Statement:**

*"I don't take what isn't offered—  
But once it's mine, I guard it with fire.  
I don't lead for power.  
I lead to protect what's holy—  
You, my Submissive, and the structure that holds us.  
You don't kneel to crown me.  
You kneel because I already carry the weight—  
Of your surrender, our rhythm, and the fire that burns within me.  
This isn't control—it's sacred consecration.  
And you are mine."*

#### **V. TERMS**

This contract is binding only while both parties are in sacred alignment.  
It is not final—it is living.  
But it is not optional.  
This is the structure.  
And the structure holds us when we might not be able.

# **ADDENDUM I: RITUALS**

## **Purpose:**

To keep Sub grounded in the dynamic.  
To activate reverence, attunement, and service in micro-moments.  
To keep your presence and structure at the front of your consciousness.  
These are not theatrical. They are sacred.

## **I. Morning**

Check-In #1: Share emotional/mental state. Dom follows. Voice memo if apart.  
Verbal Submission #1: Sub says: "I offer today to you... I am yours. I love you."  
Dom replies: "Today, I choose you... You are mine. I love you."

## **II. Mid-day**

Check-In #2: Voice memo if apart.  
Daily Task of Devotion: One act of service with visible intent.  
Visual Anchor: Physical symbol of submission visible during the day.

## **III. Evening**

Check-In #3: Voice memo if apart.  
Physical Surrender: Minimum 60 seconds of contact.  
Verbal Submission #2:  
Dom: "Today, I chose you... You are mine. I love you."  
Sub: "Thank you for holding me today... I am yours. I see you. I love you."

## **IV. Sacred Delay Protocol**

Either party may postpone hard conversations to Sunday Session.  
This protects structure and allows for emotional clarity.

## **V. Weekly Session**

Invocation: Recite devotional statements.  
Truth Circle: Honest, performance-free space for difficult topics.

## **VI. Shared Claim of Pleasure**

Orgasms are sacred, mutual property. No solo release without intention.  
Dom discloses solo acts. Sub requires permission for all release.

## **VII. Sacred Switch (Commanded Topping)**

Dom may command role reversal. This is a gift, not loss of power.  
Notice should be given for preparation.

## **VIII. Sacred Re-entry**

Aftercare is required post-scene or emotional events.  
Dom provides grounding. Sub receives with openness.

## **IX. Unilateral Integrity**

Each partner upholds their role regardless of the other's alignment.  
Discipline over codependence.

## **X. Play & Levity**

Play is sacred too. Smirks, teasing, and bratty joy are welcome.  
We serve structure, and we enjoy it.

# **ADDENDUM II: FAILURE, ACCOUNTABILITY, AND THE SACRED STRUCTURE**

## **Purpose:**

To define failure, clarify accountability, and protect the dynamic in moments of emotional rupture.

## **I. Shared Definition of Failure**

Failure is:

- \* Deviation from an agreed expectation
  - \* Breach of a rule or boundary
  - \* Collapse of ritual, presence, or communication rhythm
- Applies to Dom and Sub equally.

## **II. The Ledger System**

A shared log of events and growth.

Includes ruptures and moments of connection.

Must be concise, factual, non-manipulative.

Peaceful weeks are noted with affirming language.

Never weaponized.

## **III. 30-Day Memory Highlight Ritual**

Every 30 days: review ledger aloud, discuss misalignments, impact, and repair.

Dom holds final ruling, grounded in integrity, not ego.

## **IV. Appeal Clause**

If perceived bias occurs, Sub may request neutral third-party review with domain knowledge.

## **V. Dom's Burden Clause**

If Dom fails in role (withdraws, disrespects structure), Sub may invoke Temporary Dissolution.

Not a power grab—a safety mechanism.

## **VI. Sub's Burden Clause**

If Sub fails in role (withdraws, disrespects rituals):

1st/2nd Miss:

- \* Verbal redirection
- \* Assigned reflection ritual, honor task, or 24hr ritual silence

Repeated Pattern:

- \* Dom may invoke Temporary Dissolution.

## **VII. No Weaponized Silence Clause**

Truth withheld corrodes the structure.

Unspoken truths must be voiced before they rot the foundation.

## **VIII. Temporary Dissolution**

A structural pause.

Cease physical intimacy and power rituals.

Rebuild requires:

- \* Clarification of roles and boundaries
  - \* Naming emotional shifts
  - \* Ceremonial re-entry
  - \* New safety mechanisms
- Affirmed by both parties before resuming power exchange.

**Signed:**

**Dominance Without Structure Is Not Dominance—It's Control.**

**You are not here to control.**

**You are here to lead, daily, with what is sacred.**

Dominant Signature:

\_\_\_\_\_

Start Date: \_\_\_\_\_

End Date: \_\_\_\_\_

**Submission Without A Ceremony Is Not Submission—It's Coexistence.**

**You are not here to coexist.**

**You are here to submit, daily, to what is sacred.**

**Submissive Signature:**

\_\_\_\_\_

Start Date: \_\_\_\_\_

End Date: \_\_\_\_\_